SNORING...

excessive daytime sleepiness

insomnia

stroke

lower blood oxygen levels

cardiac arrhythmias

headaches

Might be worse than you think

Consider talking to your Doctor to request an overnight sleep study

FatigueManagersNetwork.org

SNORING...

Might be worse than you think

Source:

Sleep Apnea – Snoring Might be Worse Than You Think!
https://sleepanddreams.com/?p=166