## SNORING



excessive daytime sleepiness



insomnia



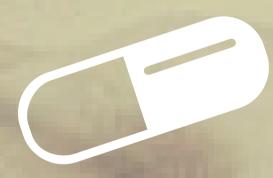
stroke



lower blood oxygen levels



cardiac
arrhythmias



headaches

## Might be worse than you think



CONSIDER TALKING TO YOUR DOCTOR TO REQUEST AN OVERNIGHT SLEEP STUDY



## Source:

Sleep Apnea – Snoring Might be Worse Than You Think!

https://sleepanddreams.com/?p=166